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Alandria Saifer, Ph.D.

Dr. Alandria Saifer is an organization and individual development specialist with expertise in the areas of training and facilitation, management and executive coaching, career transition, organizational effectiveness and change, team learning and executive assessment and feedback.

During her eighteen years as a management consultant, Alandria has worked with individual clients ranging from hourly employees to CEOs and Presidents of corporations as well as corporate clients ranging from Fortune 100 organizations in multinational settings to government organizations including the San Diego District Attorney's office, the San Diego Airport, Bureau of Indian Affairs, and the Navy Personnel Research and Development Center (NPRDC). She has worked with clients throughout Asia and Europe as well as across the United States, most often in the areas of hi-tech, financial, pharmaceutical, and fashion, working with companies including Hewlett-Packard, Agilent Technologies, Sun Microsystems, Cisco, SAIC, MP3, Qualcomm, Ericsson, Goodrich, Curtiss-Wright Systems, BAE Systems, Sprint, Verizon, American Express, UBS, Merrill Lynch, Bank of New York, Toyota Financial Services, Goal Financial, Hoag Hospital Foundation, Novartis Pharmaceuticals, Agouron, Pfizer, IDEC Pharmaceuticals, Santarus, Invitrogen, Life Technologies, American Red Cross National Testing Laboratories, United Healthcare Group, The Medecines Co., Scripps Hospital, Nestle-Purina, Kellogg's, El Pollo Loco, Lowe's Home Improvement, UTi, UPS, United Airlines, Union Pacific Railroad, Aon Consulting, Right Management Consultants, Apex-Performance Systems, Brainard Strategy, Fisher Rock Consulting, Wenzel Coaching, Family Home Video, DSW, Louis Vuitton and Anne Klein Companies.

Alandria's style provides support, recognition and growth for her clients. She specializes in executive coaching and development with expertise in the areas of organizational change, leadership development, talent retention, career management and coaching individuals to discover and comfortably express "power". As part of the services she delivers, Alandria provides assessment instruments, behavioral feedback and development planning tools to assist in the coaching process whether for an individual in transition or for an established employee looking to enhance their skill set.

In addition to her coaching experience, Alandria is also an accomplished presenter, facilitator and trainer. She has worked with groups ranging in size from five to 120 people; ranging in hierarchy from line employees to senior executives.

Alandria has published numerous papers in the areas of stress, organizational change and ergonomics. She has also been an active member of the Society of Industrial and Organizational Psychology, Organization Development Network, American Psychological Association, American Academy of Forensic Sciences and The Leukemia & Lymphoma Society.

Alandria received her Ph.D. in Industrial and Organizational Psychology from the California School of Professional Psychology in San Diego and completed her undergraduate work at Mount Holyoke College in Massachusetts.

Alandria is also known as Landi with her friends, clients and colleagues and can periodically be seen on her bicycle on the streets of San Diego training for a century ride or a triathlon in honor of Leukemia patients or just for fun.