



Dr. John Bowling is an accomplished business leader, executive coach, consultant, psychologist, and educator. He is passionate about helping individuals, teams, and organizations optimize performance through a process of creating clarity around focus, strategy, structure, and desired outcomes, and then enhancing awareness of self and others in interactions.

This blend of structural and process work helps remove barriers to performance while reinforcing development of new strategic and interpersonal skills. John's approach includes a strong focus on emotional skills and competencies which enhance decision making and contribute to effectively reading, understanding, and influencing others.

Prior to practicing as a coach and consultant, John has 14 years of key professional and executive experience. He led start up business development and general management of Silverado At Home, following several years as Chief Learning Officer for Silverado Senior Living.

As a CLO, John functioned much as an internal consultant, building high-potential leadership development programs, creating leadership team structures, and coaching individual leaders to achieve positive results in business and in life. Before joining Silverado, John was a principal partner and clinical director of Advanced Behavioral Care.

John is a published author and frequent presenter and has served as adjunct faculty at Texas A&M University, the University of Maine, the University of Utah, Westminster College, and currently at Southern Oregon University.

John has served on multiple Boards in the areas of healthcare, aging, education, and technology. He is an active member of Rotary International, serves on the National Ski Patrol, and received the NSP Purple Merit Star in 2013.