

Anne M. Kerbrat, M.A.

Orange County, California

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STRATEGY



As a highly respected, results-oriented coach and consultant, with over 12 years experience, Anne Kerbrat works collaboratively with executives, directors, and managers to facilitate desired change throughout the organization. Using methods that engage all of the stakeholders involved results in leaders and their teams working together to co-create simple solutions to complex problems. Coaching both individuals and teams provides a framework for action and accountability that transforms the organization from within by increasing trust and decreasing conflict.

As an external coach and consultant in healthcare, Anne has worked with senior teams and their directors to increase transparency and communication that has resulted in increased patient satisfaction, employee engagement, physician satisfaction and decreased employee turnover. She specializes in creating high functioning teams and has an expertise in taking the most challenging teams and turning them into top performers by creating a shared vision through improving trust and collaboration. In addition to her work in healthcare, other client industries have included financial services, commercial insurance, construction, retail, food service/restaurant, legal, technology and nonprofit.

Anne is currently a professor at Pepperdine University Graduate School of Education and Psychology where she has developed and teaches a Master's level course in Interpersonal Skills and Group Facilitation. In addition, she is also a professor at Brandman University's Leadership Development Institute where she has developed and interactively teaches leadership training on Emotional Intelligence to organizational clients. Her educational background in psychology and her professional coaching and consulting experience provides a unique blend of knowledge and skills that come together to create an effective coach and facilitator. Other areas of expertise include team and leadership development, facilitation, interpersonal communication and managing difficult conversations, as well as emotional intelligence, and creating peak performance.

As an avid skier, Anne enjoys the challenges of getting out of her comfort zone and pushing herself to the limit. Knowing that professional growth and success can come from the same, Anne's passion is to partner with her clients, whether they be individuals, teams or organizations, to better understand their strengths and interactional styles, identify potential areas for development, and take action to facilitate growth that will result in the client reaching their fullest potential.

Anne holds an M.A. in Clinical Psychology from Pepperdine University and received her B.S. in Psychology from Georgetown University. Additionally, she has taken MBA courses from Pepperdine in Organizational Dynamics and Managing Change, is currently in the process of completing her certification as a Board Certified Coach (BCC) and is a certified Critical Incident Stress Debriefing (CISD) Counselor.